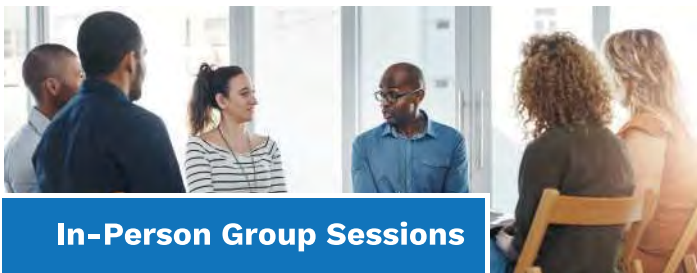


# Quit tobacco with **Group Quit.**

There's never been a more  
important time to quit.



## Benefits:

- **FREE** expert-led sessions.
- **FREE** nicotine replacement therapy such as patches, gum, or lozenges.\*  
\*if medically appropriate for those 18 years of age or older
- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.



Learn more about all of  
Tobacco Free Florida's tools and services at  
[tobaccofreeflorida.com/quityourway](https://tobaccofreeflorida.com/quityourway)

Sponsored by:



For more information on Group  
Quit sessions, contact:

**866-341-2730**

Group Schedule:

Hosted by:

**CareerSource  
Northeast Florida**

400 State Road 19, Ste. 53  
Palatka, FL 32177

**Wednesdays**

**January 31, 2024 -  
February 21, 2024  
1:00 PM - 2:00 PM**

Call toll free  
**(866) 341-2730**  
to register

**Pre-registration required.**

